



Laser Genesis Pre & Post Care Instructions

Before Treatment:

- Do not wear makeup on the day of your treatment
- Excess hair may need to be shaved. Men should be cleanly shaven
- No sun-tanning or self-tanners 4 weeks prior to treatment
 - Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc.)
- Notify clinic with any changes to your medical history or medications since your last appointment
- History of herpes or cold sores may require an anti-viral prescription prior to treatment
- Multiple treatments are required

After Treatment:

- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage
- Bruising, redness, and swelling may occur and resolve with time
- Avoid heat – hot tubs, saunas, steam rooms, etc. for 48 hours
- Avoid skin irritants such as tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc. several days post treatment
- Notify clinic of any concerns (blistering, excessive redness/swelling, etc.)
- Consult with clinic about when to resume your skin care regimen