



Hyaluronidase Injection After-Care Instructions

Immediately after your treatments, you can apply an ice pack, as there may be mild swelling. You should use a cold compress if needed.

- Avoid any trauma to the skin for up to 2-5 days, such as bathing with hot water, strenuous exercise, or massage.
- Avoid picking or scratching the treated skin to achieve your best results. If crusting occurs, apply antibiotic cream. You can use an antibiotic ointment for 2-3 days or longer.
- Makeup may be used after any swelling has dissipated, unless there is epidermal bleeding. It is recommended to use new makeup to reduce the possibility of infection.
- Keep the area moist. Any moisturizer without alpha-hydroxy acids will work.
- You may shower directly after the procedure in tepid water. The treated area may be washed gently with a mild soap. Skin should be patted dry and not rubbed.
- You may experience redness and bruising 1-7 days after your treatment. Use sunscreen SPF 25 or higher at all times when going outside.
- Avoid tweezing, waxing, bleaching, or laser services at the site of the treatment. Do not use any irritants such as Retin-A, Benzoyl Peroxide, or astringents.
- Contact our office with any questions or concerns you may have after your treatment.