

AFTERCARE TIPS

To help ensure safe use and obtain optimal results, it is important that you review and follow the **aftercare tips and points** provided below by your provider. *Here are 5 simple things to do after each session:*

1. **GIVE YOURSELF FACIAL MASSAGES** - Thoroughly massage the treated area in a circular fashion for 5 minutes, 5 times per day for 5 days after each treatment. This helps to evenly distribute Sculptra and promote a natural-looking correction.
2. **HAVE AN ICE PACK READY** – Within the first few hours after treatment, apply an icepack or ice wrapped in a cloth (avoid putting ice directly on your skin) to the treatment area to help reduce swelling.
3. **MAKEUP APPLICATION** – You may apply makeup a few hours after your treatment if no complications are present.
4. **AVOID SUN AND UV EXPOSURE** - Minimize exposure of the treated area to excessive sun and avoid ultraviolet exposure until any initial swelling and redness have disappeared.
5. **REPORT ANY WORSENING SYMPTOMS** – Report any worsening or longer-lasting signs or symptoms to your provider. Ask your provider before scheduling any other skin treatments.

AFTERCARE POINTS

- A few days after treatment, you may look as you did before treatment
 - This is normal and temporary
 - Sculptra Aesthetic works to gradually replace lost collagen
- Visible results appear within the first few treatment sessions
- If your provider indicated that you need an additional Sculptra Aesthetic treatment, make sure an appointment has been scheduled for you

Visit www.sculptraaesthetic.com for additional *Important Safety Information*.